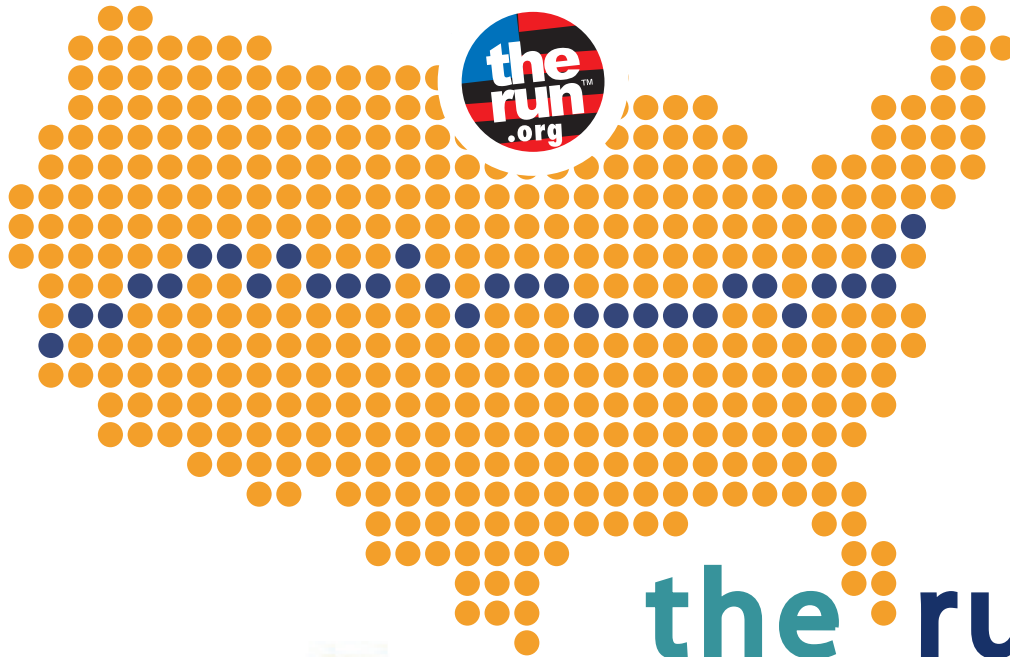


# Natural Medicine Awareness Day

**SATURDAY | OCTOBER 22 1:00 - 5:00 » SOUTH HILLS POWER YOGA**  
 3045 West Liberty Ave., Pittsburgh, PA



"Natural Medicine Awareness Day" featuring The Run. **FREE INTERACTIVE EXHIBITS!** Meet the historic runners!

## the run

MOVING NATURAL MEDICINE FORWARD

**Natural Medicine Awareness Day** will feature interactive exhibits from local practitioners, health coaches and yoga teachers to highlight therapies that improve health and well-being. *Brought to you by:*



Trillium Natural Medicine  
 naturopathic medicine & acupuncture

Thanks to our good friends at UPMC Center for Integrative Medicine: EngKeatTeh, LAc, MAc, Jessie Violet Larson, NCTMB, Sari Cohen, ND and John Laird, ND. Also, Farm To Table, Pittsburgh Alternative Health, and You Bloom Wellness.



Drastic times *call for proportionately* drastic measures!  
 The Run: Moving Natural Medicine Forward, was founded to dramatize and publicize the urgent need for all Americans to take massive action and transform our nation's health to spark a movement on Main Street America.

**Dr. Dennis Godby**, his two sons, **Isaiah and Jeremiah**, and nephew **Jonas Ely**, are taking drastic steps for us, each running an average of 33 miles per day, a combined total of 13,500 miles – to bring attention to, and raise awareness how lifestyle choices and natural medicine is “the cure” to optimizing health for which have been waiting!

**JOIN OUR NATION'S HEALTH MOVEMENT FOR YOUR FAMILY'S FUTURE. NOW.**

take action and donate today | [therun.org](http://therun.org)

